The BE's of Joining FEW

- 1. You will **BE** Informed
- 2. You will **BE** Successful
- 3. You will *BE* a Leader
- 4. You will *BE* ready for a Promotion
- 5. You will **BE** Networking
- 6. You will *BE* Making a Difference
- 7. You will **BE** Visible
- 8. You will **BE** Connected
- 9. You will **BE** Smarter
- 10. You will *BE* Supported and Appreciated

Interested in joining FEW?

Go to <u>www.few.org</u> and click JOIN NOW

FEW's Focus Areas

- ☆ Compliance
- ☆ Diversity
- ☆ Legislative
- ☆ Training



FEDERALLY EMPLOYED WOMEN

Federally Employed Women (FEW) is a private, non-profit organization founded in 1968 after Executive Order #11375 was signed, which added "sex" to the prohibited discriminations in the federal government.

FEW supports the advancement of women in federal service by:

- Encouraging diversity and inclusion in the workplace.
- Establishing and maintaining relationships with organizations who advocate the fair application of laws, policies, procedures, and practices.
- Improving the quality of life for women by influencing legislative actions.
- Committing to maintain a diverse and unified membership.
- Providing opportunities for professional growth through training.

Membership is open to anyone who supports FEW's mission, which includes current and retired federal workers, civilian employees, students, friends, and your family members.

Interested in joining FEW? The Chapter Presidents' names and information is on the reverse of this brochure. Email them to ask any questions about a chapter in your area, or to request a Membership Application. Any president can help you and will respond to your email.

FEW's annual \$45 membership cost is a small investment in YOUR career!

Pacific Northwest Region



Working for the Advancement of Women in the Government

ABOUT THE PNW REGION

FEW's Pacific Northwest Region

(PNW) consists of members from Alaska, Idaho, Oregon, and Washington. Your membership provides networking opportunities to exchange information with members from other agencies, professions, and grade levels. The Region maintains ongoing communications with our retired federal members and local agencies.

The PNW Officers are a valuable link between the FEW National Office and our chapter members. Our Officers provide guidance, mentoring, leadership, and training. They share a wealth of leadership experience with each member they touch. Our training is structured to meet the needs of our members as they advance in their careers.

> Empowering Women: Building for <u>Your</u> Future



Join Our Virtual Training Event!

RTP 2024 is on October 25, 2024 Starting at 8:00 a.m. Pacific Time Contact cjlacadie@aol.com

PNW CHAPTERS

EAST VALLEY CHAPTER was chartered in September 2011, in Renton, Washington. East Valley continues to strengthen its relationship with their local communities. Members are from the U.S. Dept. of Justice, Alcohol Tobacco and Firearms, Sea-Tac Airport, U.S. Naval Base, Indian Health Services, Federal Aviation Administration, and Fish and Wildlife Service.

RAINIER CHAPTER was chartered in 1976 in Tacoma, Washington, and is the PNW region's oldest Chapter. They have members in the northern Bremerton shipyards, the Puget Sound community, and south to Joint Base Lewis-McChord. Members hail from the Veteran's Administration, U.S. Dept. of Commerce, U.S. Dept. of Agriculture, and U.S. Army.

WILLAMETTE VALLEY CHAPTER

was chartered in March 1994 in Corvallis, Oregon, and has members in all four states of the region. The chapter has supported *Habitat for Humanity* and also a women's shelter in Vancouver, Washington. Chapter members are employed by the U.S. Dept. of Energy, Food and Drug Administration, U.S. Army, Indian Health Services, Bureau of Indian Affairs, U.S. Air Force, National Parks Service, Veterans Affairs, and Dept. of Human Services. PNW REGION LEADERS

Regional Manager Cindy D. Higgins 503-267-4164

PacificNWRM@few.org

East Valley Chapter #460 Renton, WA Sharon D. Nelson, President 253-582-6044 <u>sharonen@comcast.net</u>

Rainier Chapter #069 Lakewood, WA Connie Coleman-Lacadie, President 253-906-1346 <u>cjlacadie@aol.com</u>

Willamette Valley Chapter #356 Portland, OR Vicki L. Smith, President

360-713-3425 vickijeanie@comcast.net

Regional Board Members

Treasurer – Judy Rush

Secretary - Sharon Nelson

Nomination & Elections Chair – Connie Coleman-Lacadie

Regional Training Program Chair – Connie Coleman-Lacadie

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